All tracks by John Miles/The John Miles Band

- 1. You Make It So Hard (Single B-side to Jose, Decca, 1971)
- 2. Highfly (Single A-side, Decca, 1975)
- 3. Music (Single A-side, Decca, 1976)
- 4. Slowdown (Single A-side, Decca, 1976)
- 5. Remember Yesterday (Single A-side, Decca, 1976)
- 6. Nice Man Jack (single edit) (Single B-side to No Hard Feelings, Decca, 1978)
- 7. Can't Keep a Good Man Down (Single A-side, Decca, 1979)
- 8. The Right to Sing (Single A-side, EMI, 1983)
- 9. Blinded (Transition, Valentino Records, 1985)
- 10. Fella in the Cellar (More Miles Per Hour, Decca, 1979)